



6 Look It Up...

Selected Resources



Where can you go to find out more?

Books

Coloroso, Barbara. (2003). *The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help Break the Cycle of Violence*. New York: HarperCollins.

Helps parents, teachers, and caregivers understand the behaviors of the bully, the child who is bullied, and the bystander. Explains how different kinds of families influence these behaviors. Provides strategies to protect children and to deal with bullying behaviors.

Garbarino, James, Ph.D. & deLara, Ellen, Ph.D. (2002). *And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence*. New York: The Free Press.

Explains the bullying and emotional violence experienced by teenagers in schools. Provides parents with specific strategies for improving teenagers' emotional lives.

Haber, Joel & Glatzer, Jenna. (2007). *Bullyproof Your Child for Life: Protect Your Child from Teasing, Taunting, and Bullying for Good*. New York: Penguin.

Offers practical information to parents for dealing with bullying in schools, camps, sports, and on the Internet. Explains the bullying dynamic and provides ways to help children in elementary through high school.

Olweus, Dan. (1993). *Bullying at School: What We Know and What We Can Do*. Cambridge, MA: Blackwell Publishers.

Presents an overview of bullying in schools for parents, teachers, and school principals. Includes research findings that help identify and address bullying behaviors. Gives practical advice on how to implement a whole-school approach to bullying.

Ross, Dorothea. (2003). *Childhood Bullying, Teasing, and Violence: What School Personnel, Other Professionals, and Parents Can Do*. (2nd ed.). Alexandria, VA: American Counseling Association.

Provides a broad context and a comprehensive approach to the problem of bullying. Includes research findings, techniques for counseling bullies and victims, and prevention strategies that involve parents and school personnel.



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Slaby, Ronald, Wilson-Brewer, Renee, & Dash, Kimberly. (1994). *Aggressors, Victims, and Bystanders: Thinking and Acting to Prevent Violence*. Newton, MA: Education Development Center, Inc.

Provides a curriculum to prepare children in grades 6 through 9 to become violence preventors. Helps children to: understand the roles of aggressor, victim, and bystanders; build conflict-resolution skills through practice; and change beliefs that support violence. Available through <http://www.thtm.org>

Willard, Nancy (2007). *Cyberbullying and Cyberthreats: Responding to the Challenge of Online Social Aggression, Threats, and Distress*. Champaign, IL: Research Press.

Addresses the risks children face with the Internet and other digital technologies. Provides school administrators, counselors, and teachers with information on how to prevent and respond to cyberbullying.

Websites

About Bullying

Provides materials for parents, caregivers, educators, mental health professionals, community organizations, and law enforcement agencies. Includes interactive games and quizzes for children and teens. Part of the *15+ Make Time to Listen...Take Time to Talk* initiative, sponsored by the U.S. Substance Abuse and Mental Health Administration.

<http://mentalhealth.samhsa.gov/15plus/aboutbullying.asp>

ACT—Adults and Children Together—Against Violence

Provides audio, video, and training materials for adults to use to teach young children (ages 0 to 8) nonviolent problem-solving. Includes an extensive and searchable database of publications on violence prevention for children. Developed by the American Psychological Association and the National Association for the Education of Young Children.

<http://actagainstviolence.apa.org>

Bullying.org

Provides individuals and organizations with information, resources, education, training, events, and campaigns that increase awareness of the issue of bullying and ways to respond to and prevent bullying.

<http://www.bullying.org>

Exploring the Nature and Prevention of Bullying

Provides a five-part online course for teachers, counselors, and school administrators to understand, select, and implement comprehensive bullying prevention programs for school-age children. Developed by Education Development Center, Inc., for the U.S. Department of Education.

<http://www.ed.gov/admins/lead/safety/training/bullying/index.html>



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Eyes on Bullying

Provides a multimedia program to prepare parents and caregivers to prevent bullying in children's lives. Features the *Eyes on Bullying Toolkit* with insights, strategies, skills-building activities, and resources. Designed especially for adults to use with children and youth in homes, child care centers, afterschool and youth programs, and camps. Funded by the IBM Global Work/Life Fund.
<http://www.eyesonbullying.org>

National Youth Violence Prevention Resource Center

Provides information and links to resources on bullying and violence prevention for parents, teenagers, schools, and afterschool programs. Sponsored by the U.S. Centers for Disease Control and Prevention.
<http://www.safeyouth.org/scripts/topics/bullying.asp>

PACER National Center for Bullying Prevention

Provides resources for adults about bullying, with a special focus on children with disabilities. Includes information on Bullying Prevention Awareness Week and an animated site for elementary school students. Some content is translated into Spanish, Somali, and Hmong.
<http://www.pacer.org/bullying/bpaw/index.asp>

PREVNet

Provides information on bullying prevention, including research summaries and toolkits. Created by a national network of researchers and organizations in Canada committed to stopping bullying. Presented in English and French. Sponsored by the Networks of Centres of Excellence, Queen's University, and York University.
<http://www.prevnet.ca/>

Stop Bullying Now!

Provides information about bullying and prevention/intervention strategies for parents, children (ages 9 to 13), teachers, other school staff, and health and safety professionals. Features a resource kit with tips and facts. Includes web episodes and games for children, an activities guide, a video toolkit, and video workshops. Presents an extensive and searchable database of resources on bullying prevention. The information for adults is presented in English and Spanish. Sponsored by the U.S. Department of Health & Human Services, Health Resources & Services Administration (HRSA).
<http://www.stopbullyingnow.hrsa.gov/index.asp>



References

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